



Natalia Alexandria

Life Coach, Author of *Your Life IQ*, Inspiring & Motivating Speaker

Speech Topics:

Uniting the Energy of Mind-Body-Spirit

Anything Is Possible - The Nature of the Human Spirit

Honoring Your Heart & Soul

About Natalia Alexandria - Inspiring speaker with a story of living your dreams, overcoming adversity, and creating positive life change.

Natalia is a powerful example of positive life change. Legally blind, she has overcome multiple life setbacks and created a common-sense framework for life fulfillment.

"If you seek to live life to the fullest, the journey will be bumpy. How you manage transition is entirely about your preparation and your willingness to take action."

Having faced multiple life transitions, both personally and professionally, Natalia knows it isn't easy. She lost perfect vision in her twenties and became legally blind—and strove to function as though nothing had happened. Her refusal to accept limitations created a mind-body-spirit methodology that underscores the necessity of spiritual expansion. "The spirit is our strongest life asset that manifests both as infinite knowledge and a will so powerful that anything is possible."

Natalia is first-generation American, an ex-Wall Streeter, and business professional with a no nonsense approach to changing your life—*for real*.

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